Anatomical directional terms

12-question worksheet

Use standard anatomical position. Compare structures on the same person; use the same limb for limb comparisons. Write your answers below each question.

Name _____ Date _____

1. The chin is _____ to the forehead. Use superior or inferior.

_____

2. Reverse question 1. The forehead is _____ to the chin.

_____

3. The breastbone is _____ to the spine. Use anterior or posterior.

_____

4. Reverse question 3. The spine is _____ to the breastbone.

_____

5. The nose is _____ to the ears. Use medial or lateral.

_____

6. The ears are _____ to the nose. Use medial or lateral.

_____

7. On the same upper limb, the wrist is _____ to the elbow. Use proximal or distal.

_____

8. On the same upper limb, the wrist is _____ to the fingers. Use proximal or distal.

_____

9. The skin is _____ to the muscle directly beneath it. Use superficial or deep.

_____

10. The muscle in question 9 is _____ to the overlying skin.

_____

11. You stand facing another person. Does their anatomical left mean your left or their own left?

_____

12. A person turns their palm down. Does the palm side of the wrist become posterior in anatomical terminology? Explain briefly.

_____

Answers are in a separate PDF on the directional-terms practice page. Print at actual size.